

# NAZCA HEALTH SERVICE RATES

YEAR

2023 Rates

CURRENCY

CAD Canadian Dollar

SERVICE TYPE	2023 RATES	BENEFITS COVERAGE	HST
<b>Psychotherapy</b>	<b>\$200-230</b> (50 minute session)	Covered by most benefits plans	HST Exempt
<b>Clinical Counselling</b>	<b>\$180</b> (50 minute session)		Subject to HST
<b>Couples Therapy</b>	<b>\$270</b> (50 minute session)	Covered by most benefits plans	HST Exempt
<b>Diet &amp; Nutrition</b>	<b>\$180</b> (50 minute session) <b>\$120</b> (30 minute session)	Covered by most benefits plans	HST Exempt
<b>Personal Training</b>	<b>\$140</b> (60 minute session)		Subject to HST
<b>Life Coaching</b>	<b>\$250</b> (60 minute session)		Subject to HST
<b>Mindfulness</b>	<b>\$250</b> (60 minute session)		Subject to HST
<b>Naturopathy</b>	<b>\$240</b> (60 minute session) <b>\$200</b> (60 minute follow-up) <b>\$120</b> (30 minute follow-up)	Covered by most benefits plans	HST Exempt
<b>Speech-Language Pathology</b>	<b>\$180</b> (50 minute session)	Covered by most benefits plans	HST Exempt
<b>Speech Coaching</b>	<b>\$250</b> (60 minute session)		Subject to HST
<b>Physiotherapy</b>	<b>\$180</b> (50 minute session) <b>\$120</b> (30 minute session)	Covered by most benefits plans	HST Exempt